

Revised and Updated Service Mixes

PART OF THE BUDGET MODEL DEVELOPMENT PROCESS



IDAHO DEPARTMENT OF
HEALTH & WELFARE

Background

In February 2021, Idaho Department of Health and Welfare (DHW) provided a packet of information titled “Understanding Service Mixes¹” giving an overview of what a service mix is, how it is used to set budget amounts, and what to think about when stakeholders reviewed the draft service mixes, which were included in that packet. We requested your input and recommendations for possible changes to these draft service mixes before moving forward.

DHW received approximately 125 written comments regarding the service mix proposal. DHW staff reviewed every comment and summarized the recommendations, questions and concerns into the following 13 main topics:

1. Service mixes should not be based on an individual’s living situation.
2. Self-direction supports budgets should be the same as traditional supports budgets.
3. Individuals who self-direct should be able to request additional dollars for health and safety (in other words, and they should have a separate health and safety “bucket” like individuals in the traditional pathway). If not self-direction supports budgets should include additional dollars for health and safety needs.
4. The supports budgets for the traditional Certified Family Home (CFH) service mix should provide enough money for individuals to be outside the CFH for at least 30 hours per week. For example: The supports budget should be sufficient to purchase 11 hours of Developmental Therapy in the community, 11 hours of Developmental Therapy in a DDA facility, and 8 hours of Adult Day Health Services.
5. In the traditional pathway, individuals receiving residential habilitation services in a CFH and individuals who don’t receive any residential habilitation services should get more discretionary supports than individuals receiving traditional residential habilitation services from a supported living agency.
6. Individuals who do not want to use the discretionary services (shown in Table 2 of “Understanding Service Mixes”) should be allowed to continue to receive paid supports 24-hours per day through supported living services in both the traditional pathway and the self-directed pathway.

¹ This packet can be found at www.mychoicematters.idaho.gov in the What’s New section under the link “Service Mix Packet”

7. The non-medical transportation allocated to each service mix (and level) seems insufficient. Non-Medical Transportation should be increased in all of the service mixes.
8. The supports budgets for individuals, who are only eligible to receive state plan home and community-based services (HCBS), should be sufficient to purchase 22 hours of Developmental Therapy.
9. Service mixes should include less Adult Day Health services and more of the other higher-priced services because not everyone wants a lot of Adult Day Health services.
10. The self-directed supports budgets seem to provide more money to individuals who receive commercial home-based supports (like supported living), which creates a strong financial bias against community integration.
11. Individuals should have an opportunity to access individual (1:1) and group services at a Developmental Disability Agency.
12. Individuals in levels M&B in each service mix should be allocated more Developmental Therapy hours than individuals in Level 3.
13. There should not be a daily cap for supported living services.

Changes to the Way Service Mixes Are Described

Different service mixes were created for adults who receive different kinds of residential habilitation supports. Stakeholders provided feedback that our explanation of which service mix would apply to who was confusing. In response we have adjusted the way we describe the available traditional service mixes:

1. Certified Family Home (CFH) Service Mix
2. Supported Living Services (SLS) Mix
3. No Paid Residential Habilitation Supports Service Mix
4. State Plan HCBS Only Service Mix

The service mix that will apply to a participant will be based on what type of residential habilitation supports (if any) they choose to receive. The No Paid Residential Habilitation Supports Service Mix replaces the service mix previously called Independent/Family Home Service Mix. This title better describes a situation that applies to adults who don't receive residential habilitation supports, and who often live independently or in a family home. Adults

who do not get services from the waiver (in other words, individuals who are only eligible to receive state plan HCBS) have their own service mix because they can only use some of the services within the Adult DD Program. Remember, each mix also varies based on the adult's Support Level (1, 2, 3, M, or B).

Changes Made to Service Mixes in these Revised and Updated Service Mixes

After careful consideration of the comments received, DHW has elected to revise the draft service mixes based on the following comments and in the following ways. These Revised and Updated Service Mixes are still subject to change:

- **Comment #4** - The supports budgets for the traditional Certified Family Home (CFH) service mix should provide enough money for individuals to be outside the CFH for at least 30 hours per week. For example: The supports budget should be sufficient to purchase 11 hours of Developmental Therapy in the community, 11 hours of Developmental Therapy in a DDA facility, and 8 hours of Adult Day Health Services.
Response: DHW revised the CFH service mix for all levels to ensure that the dollar value of the mix was sufficient to purchase 11 hours of Developmental Therapy in the community, 11 hours of Developmental Therapy in a DDA facility, and 8 hours of Adult Day Health Services.
- **Comment #7** - The non-medical transportation allocated to each service mix (and level) seems insufficient. Non-Medical Transportation should be increased in all of the service mixes.
Response: DHW revised all service mixes to include at least double the non-medical transportation miles from the initial proposal.
- **Comment #8** - The supports budgets for individuals, who are only eligible to receive state plan home and community-based services (HCBS), should be sufficient to purchase 22 hours of Developmental Therapy.
Response: DHW revised the State Plan HCBS Only service mix for all levels to ensure that the dollar value of the mix was sufficient to purchase 22 hours of Developmental Therapy.

- Comment #9 - Service mixes should include less Adult Day Health services and more of the other higher-priced services because not everyone wants a lot of Adult Day Health services.

Response: Where applicable, DHW revised service mixes to include fewer hours of Adult Day Health Services compared to the combination of the remaining discretionary services.

Things to Remember About Service Mixes

- Your budget is based on a service mix, but you are not required to purchase the services within the mix. When you receive a budget based upon the new resource allocation model, you will be able to choose the services you wish to receive that are within your discretionary budget and that you qualify for.
- The service mixes as drafted reflect the Department's policy goals including making services focused on community integration and supporting adults in obtaining competitive community employment available to adults at every support level.
- The services mixes presented in this document are still presented in draft form and are subject to future change.

The revised service mixes are provided on the following pages of this handout.

REVISED DRAFT Certified Family Home Service Mix

Certified Family Home Service Mix					
Supports Level	1	2	3	M	B
Certified Family Home Residential Budget					
Adult Day Health	4	4	5	0	0
Developmental Therapy/Center	5	5	5	0	0
Developmental Therapy/Community	5	5	5	0	0
Prevocational Individual	0	0	1	2	2
Prevocational Group	0	0	1	0	0
Career Planning	1	1	1	2	2
Community Habilitation Individual	3	4	6	17	17
Community Habilitation Group	5	7	5	0	0
Total Hours Per Week:	23	26	29	21	21
Non-medical Transportation	3600 miles	3600 miles	3600 miles	3600 miles	3600 miles
Service Coordination/Planning	\$3,192	\$3,192	\$3,192	\$3,192	\$3,192
Total Budget Range Per Year:	\$39,453 to \$43,287	\$41,851 to \$46,295	\$44,339 to \$52,407	\$46,517 to \$65,587	\$46,517 to \$65,587

*Note: This service mix also include 3 hours per year of DT-Evaluation for every level of which includes Developmental Therapy/Center or Developmental Therapy/Community

REVISED DRAFT Supported Living Service Mix

Supported Living Service Mix					
Supports Level	1	2	3	M	B
Residential Supports: SLS	365 days 14 hours/day (group)	365 days 18 hours/day (group)	365 days 12 hours/day (group) 6 hours/day (individual)	365 days 8 hours/day (group) 16 hours/day (individual)	365 days 8 hours/day (group) 16 hours/day (individual)
Adult Day Health	4	7	8	0	0
Developmental Therapy/Center	5	6	6	0	0
Developmental Therapy/Community	5	7	6	0	0
Prevocational Individual	0	1	1	1	1
Prevocational Group	0	0	0	0	0
Career Planning	1	1	0	1	1
Community Habilitation Individual	3	5	7	7	7
Community Habilitation Group	5	6	5	0	0
Total Hours Per Week:	23	33	33	9	9
Non-medical Transportation	2000 miles	2000 miles	2000 miles	2000 miles	2000 miles
Service Coordination/Planning	\$3,192	\$3,192	\$3,192	\$3,192	\$3,192
Total Budget Range Per Year:	\$55,696 to \$69,763	\$72,788 to \$92,757	\$104,056 to \$133,004	\$169,767 to \$222,889	\$169,767 to \$222,889

*Note: This service mix also include 3 hours per year of DT-Evaluation for every level of which includes Developmental Therapy/Center or Developmental Therapy/Community

REVISED DRAFT No Paid Residential Habilitation Supports Service Mix

No Paid Residential Habilitation Supports Service Mix					
Supports Level	1	2	3	M	B
Adult Day Health	4	4	5	0	0
Developmental Therapy/Center	5	5	5	0	0
Developmental Therapy/Community	5	5	5	0	0
Prevocational Individual	0	0	1	2	2
Prevocational Group	0	0	1	0	0
Career Planning	1	1	1	2	2
Community Habilitation Individual	3	4	6	17	17
Community Habilitation Group	5	7	5	0	0
Total Hours Per Week:	23	26	29	21	21
Non-medical Transportation	3600 miles	3600 miles	3600 miles	3600 miles	3600 miles
Service Coordination/Planning	\$3,192	\$3,192	\$3,192	\$3,192	\$3,192
Total Budget Range Per Year:	\$19,966 to \$23,800	\$22,364 to \$26,808	\$24,852 to \$32,920	\$27,030 to \$46,100	\$27,030 to \$46,100

*Note: This service mix also include 3 hours per year of DT-Evaluation for every level of which includes Developmental Therapy/Center or Developmental Therapy/Community

REVISED DRAFT State Plan HCBS Only Service Mix

Table 8: State Plan HCBS Only Service Mix					
Supports Level	1	2	3	M	B
Developmental Therapy/Center	4	4	5	3	3
Developmental Therapy/Community	4	5	6	3	3
Community Habilitation Individual	5	5	6	10	10
Community Habilitation Group	5	6	5	6	6
Total Hours Per Week:	18	20	22	22	22
Non-medical Transportation	2000 miles	2000 miles	2000 miles	2000 miles	2000 miles
Service Coordination/Planning	\$3,192	\$3,192	\$3,192	\$3,192	\$3,192
Total Budget Range Per Year:	\$17,846 to \$21,466	\$19,182 to \$22,736	\$20,848 to \$25,210	\$22,552 to \$29,816	\$22,552 to \$29,816

*Note: This service mix also include 2 hours per year of DT-Evaluation for every level of which includes Developmental Therapy/Center or Developmental Therapy/Community

REVISED DRAFT Self-Directed Service Budgets

Adults who self-direct will receive budgets based on the service mixes and budgets provided above. Adults can then use the dollars available within the budget to build their Support and Spending Plan using the categories of support that apply to the self-direct program. The service mix that applies to adults who self-direct will vary depending on the type of residential habilitation supports they receive from community support workers. DHW is currently developing a tool to decide which of the service mixes should apply for each adult who self-directs. DHW will share more information about that process as soon as possible.

The self-directed budget amounts are slightly different than the budget amounts for adults who use traditional services. The cost of financial management services is added to the self-directed budgets since this is a cost unique to self-direction. The budget for adults who get paid supports in their home from someone they do not live with (i.e. community support services similar to Supported Living) are lowered slightly to remove those costs of providing traditional Supported Living Services that do not apply when using independent providers instead of an agency.

Adults who self-direct will have the same opportunity as traditional participants to obtain Health and Safety and/or Employment Supports outside of their assigned budget amount.

The budget amounts for self-direction are shown below.

	1	2	3	M	B
Self-Directed community support services similar to Certified Family Home	\$40,749 to \$44,583	\$43,147 to \$47,591	\$45,635 to \$53,703	\$47,813 to \$66,683	\$47,813 to \$66,683

Self-Directed community support services similar to Supported Living	\$53,456 to \$66,511	\$69,536 to \$88,206	\$97,774 to \$124,554	\$155,909 to \$204,680	\$155,909 to \$204,680
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Self-Directed with no community support services in your home	\$21,262 to \$25,096	\$23,660 to \$28,104	\$26,148 to \$34,216	\$28,326 to \$47,396	\$28,326 to \$47,396
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Additional Responses to Feedback From Stakeholders

While DHW was not able to specifically revise the service mixes to address all comments, we offer the remaining responses:

- **Comment #1** - Service mixes should not be based on an individual's living situation.
Response: Service mixes vary based on the residential habilitation supports a participant selects because different residential habilitation supports have different associated costs. Two adults in the same living setting (i.e. living with family) and support level may have different service mixes based on whether they choose to receive residential habilitation supports. Use of the term living setting to describe the different service mixes has been changed to clarify this difference.
- **Comment #2** - Self-direction supports budgets should be the same as traditional supports budgets.
Response: Self-direction participants will have supports budgets similar to traditional participants with the same support level and chosen type of residential habilitation support, except:
 - *Residential supports will have the amount for agency overhead removed;*
 - *SD participants get additional dollars for FEA required service;*
 - *SD participants who want to purchase health, safety, and employment services (described in Table 3 of "Understanding Service Mixes") may either request an exception or use allocated budget dollars. In other words:*
 - *Ask, and additional dollars won't come out of SD budget; or*
 - *Don't ask, and you can use existing budget for H/S/E needs.*
- **Comment #3** - Individuals who self-direct should be able to request additional dollars for health and safety (in other words, and they should have a separate health and safety "bucket" like individuals in the traditional pathway). If not, self-direction supports budgets should include additional dollars for health and safety needs.
Response: Self-direction participants who want to purchase health, safety, and employment services (described in Table 3 of "Understanding Service Mixes") may either request an exception or use allocated budget dollars. In other words:
 - *Ask, and additional dollars won't come out of SD budget; or*
 - *Don't ask, and you can use existing budget for H/S/E needs.*

- Comment #5 - In the traditional pathway, individuals receiving residential habilitation services in a CFH and individuals who don't receive any residential habilitation services should get more discretionary supports than individuals receiving traditional residential habilitation services from a supported living agency.

Response: Individuals receiving residential habilitation services in a CFH and individuals who don't receive any residential habilitation services receive the same budget amount for discretionary supports. Individuals receiving residential habilitation services from a supported living agency in Level 1 receive the same baseline amount for discretionary supports as CFH and No Residential Habilitation Supports. However, the discretionary supports in the Supported Living Service Mix Levels 2 & 3 are increased to ensure individuals in those levels can purchase 24-hours a day of paid supports (either discretionary supports or additional SL hours), if they choose to do so. Additionally, the discretionary supports budgets for the Supported Living Service Mix Levels M & B are reduced because those individuals have access to more supported living services in their home.

- Comment #6 - Individuals who do not want to use the discretionary services (shown in Table 2 of "Understanding Service Mixes") should be allowed to continue to receive paid supports 24-hours per day through supported living services in both the traditional pathway and the self-directed pathway.

Response: The discretionary supports in the Supported Living Service Mix Levels 2 & 3 are sufficient for individuals in those levels to purchase 24-hours of supported living services (i.e. 42 additional group SL hours), if they choose to do so. The residential supports budget for Levels M&B already accommodate 24-hours of support living services.

- Comment #10 - The self-directed supports budgets seem to provide more money to individuals who receive commercial home-based supports (like supported living), which creates a strong financial bias against community integration.

Response: Individuals who need support in their home will receive budgets based on support need for those residential services. The self-directed supports budgets will align with traditional budgets (as described above). The difference is not a bias against community integration (discretionary budgets), but an acknowledgement that residential supports have an associated cost.

- Comment #11 - Individuals should have an opportunity to access individual (1:1) and group services at a Developmental Disability Agency.
Response: DHW agrees that individual and group services should be reimbursed for DDA services. However, DHW will not be able to address this concern prior to the June 2022 implementation. Individuals needing 1:1 community support will have 1:1 community habilitation and integration, 1:1 prevocational services or 1:1 career planning services available.
- Comment #12 - Individuals in levels M&B in each service mix should be allocated more Developmental Therapy hours than individuals in Level 3.
Response: DHW determined fewer discretionary supports for Supported Living Service Mix Levels M & B because the per diem rate accounts for 24 hours of support. Additionally, DHW focused the Level M & B service mixes on individual (1:1) services due to the support needs associated with assignment to Levels M & B.
- Comment #13 - There should not be a daily monetary cap for hourly supported living services.
Response: DHW has determined that no monetary cap on hourly supported living services will be necessary in new resource allocation model.

Next Steps

The revised service mixes (shown in the tables above) were reviewed as part of Pre-Implementation Review. DHW intends to review these revised service mixes with stakeholders during the month of April 2021.

DHW will accept comments on the revised service mixes at HCBSWaivers@dhw.idaho.gov. Please be aware that because DHW must comply with the Court's order and the June 2022 implementation deadline, DHW may be unable to consider and/or act on any new service mix comments until after implementation.